



12TH ANNUAL YRALIS CHAMPIONSHIP REGATTA
For
PHRF, PHRF NAVIGATOR AND ONE DESIGN CLASSES
 Organizing Authority (OA) YRA of LIS
 Saturday, August 6 & Sunday, August 7, 2016



SAILING INSTRUCTIONS

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SCHEDULE

Sat. Aug 6	1030	1st Warning signal for PHRF & Off-Shore One Design Boats
	1230	1st Warning signal for all One Design single and Double Handed Boats
	1255	1st Warning signal for all In-Shore One Design Boats Post Race Party at Riverside YC following racing
Sun. Aug 7	1030	1st Warning signal for PHRF Boats
	1100	1st Warning signal for all One Design Boats
	1500	No Warning Signal after this time for all classes Post Race Party with Awards at Riverside YC and American YC



★ 12TH ANNUAL YRALIS CHAMPIONSHIP REGATTA ★

PHRF & One-Design Championship Regatta
August 6 & 7, 2016



SAILING INSTRUCTIONS

PHRF and Offshore One-Design Championship
Riverside Yacht Club

**Organizing Authority(OA): Yacht Racing Association of Long Island Sound
in conjunction with Riverside Yacht Club**

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 For PHRF entries, the current PHRF Regulations as administered by the YRALIS will apply.
- 1.3 PHRF boats shall observe the current Minimum Equipment Recommendations of the YRALIS for Race Category C.
- 1.4 Sections A, B and D of Appendix T will apply as changed below:
 - (i) Appendix T1 of Section A is deleted and replaced with:

The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 in an incident or rule 31 while *racing*. However, when she may have broken one or more rules of Part 2 in an incident while in the *zone* around a *mark* other than a starting *mark*, her penalty shall be a Two-Turns Penalty.'
 - (ii) Rule T2.2 of Section B is changed thus:
 - (a) 20% if taken before the protest time limit or before the beginning of arbitration, whichever is earlier, or
 - (b) 30% if taken before the beginning of a protest hearing involving the incident

- 1.5 In the event of a conflict between this Notice of Race and the Sailing Instructions, the Sailing Instructions shall govern.
- 1.6 To be eligible for the YRA Youth Challenge Cup:
 - a) a yacht must participate in at least three qualifying events.
 - b) at least one third of the crew shall be between 14 and 24 years old in a given calendar year with the breakdown as stated in Addendum A.
 - c) participating yachts are requested to fly code flag “Juliet” on its backstay and add the initials “YC” after the yacht’s name on the entry form
 - d) owners must declare the total number of crew and number of crew between 14 and 24 years old on the entry or by e-mail to the organizing authority prior to the start of the event
 - e) details on scoring and a list of all qualifying events can be found in the YRALIS Racing Program or on the YRA website.
- 1.7 In the event of a conflict between these Sailing Instructions and the Notice of Race, these instructions shall govern. This changes RRS 63.7.
- 1.8 Except with permission of the race committee, boats shall not be hauled out during the regatta.

2 Notices to Competitors

Notices to competitors will be posted at the official notice board at the head of the Riverside Yacht Club (RYC) dock.

3 Changes to Sailing Instructions

Any changes to the Sailing Instructions will be posted before 0900 on the day they will take effect, except that any change in the schedule of races will be posted by 2000 on the day before it will take effect.

4 Signals Made Ashore

- 4.1 Signals made ashore will be displayed from the RYC flagpole.
- 4.2 Signals made ashore and any associated changes to the sailing instructions at RYC will be announced on VHF channel 74 at 0900.
- 4.3 When flag “AP” is displayed ashore, “1 minute” is replaced with “not less than 1 hour in the race signal AP.”

5 Schedule of Races

- 5.1 The first warning signal is 1030 each day.
- 5.2 Subsequent races will be held as soon as practicable following the completion of the previous race per class
- 5.1 The race committee intends to run multiple races. The number of races conducted is at the discretion of the race committee.
- 5.2 Flag A displayed with no sound while boats are finishing means ‘no more racing today.’
- 5.3 No warning signal for a race will be made after 1600 on Saturday.
No warning signal for a race will be made after 1500 on Sunday.

6 Class Flags and Scratch Sheet

- 6.1 Class flags for each division will be the numeral pennants corresponding to the class numbers appearing on the scratch sheets.
- 6.1 Boats shall display class flags from their backstays, located approximately six feet above the deck, from the first warning signal for their circle until they are no longer racing.
- 6.2 Scratch sheets will be posted on www.yachtscoring.com.

7 Racing Area

The starting area for classes racing PHRF W/L & Navigator and Offshore One-Design will be approximately one nautical mile west of mid-sound government mark 32A.

8 Check-in and Retirement

- 8.1 Prior to first warning signal each day, each boat, with its mainsail hoisted, shall pass within hailing distance of the race committee signal boat, check in and receive an acknowledgement.
- 8.1 Boats retiring are requested to inform the race committee on VHF 74.

9 Courses

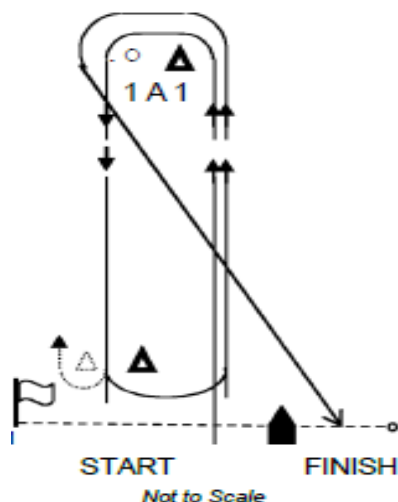
- 9.1 No later than the warning signal, the race committee signal boat will display the course, the approximate compass and distance to the first mark and the number of legs to be sailed on the course board.

Sample course board: showing bearing 135, distance 1.5 nm to the windward mark, 6 legs for class 1, 4 legs for classes II & III, 2 legs for class IV

Mag. Bearing	Dist.	Classes	Legs
1	1.5	I	6
3		II	4
5		IV	2

If the course is the same for the succeeding class or classes, their course is the same as the preceding class.

- 9.2 Course will be Windward/Leeward with an offset at the windward mark (all classes except PHRF Navigator) as shown in the course diagram
- 9.3 Flag G displayed prior to the warning signal means there will be a leeward gate. In the event that the gate is not in place or there is not an object displaying Flag M, the single leeward mark shall be rounded to port. The leeward gate may be disregarded immediately after starting and before finishing



- 9.4 Navigator courses will be as described in Attachment 1 hereto.

10 Marks

- 10.1 Marks for windward/leeward courses will be yellow inflatable buoys. New marks as provided in section 12 will be orange inflatable buoys.
- 10.2 The marks for navigator courses are described in Attachment 1 hereto.

10.3 Starting and finishing marks will be orange inflatable buoys.

11 The Start

- 11.1 The starting line will be between the staff displaying a yellow flag on the race committee signal boat at the starboard end and an orange inflatable on the port end.
- 11.2 The race committee may employ a “keep off” mark from the signal boat. The “keep off” mark shall be considered part of the signal boat.
- 11.3 Boats starting later than four minutes after their starting signal will be scored “Did Not Start” without a hearing. This changes RRS A4.1 and A5.
- 11.4 The race committee will attempt to hail OCS boats by their sail number on VHF channel 74. The timing and order of such hails or the failure of a competitor to hear the hail will not be grounds for redress. This changes RRS 62.1(a).

12 Change of the Next Leg of the Course

To change the position of the next mark, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When, in a subsequent change of course, a new mark is replaced, it will be replaced with an original mark.

13 The Finish

The finish line will be between a staff displaying a red flag on the signal boat at the starboard end and the course side of an orange inflatable on the port end.

14 Time Limits

- 14.1 The time limit for the first boat in a division to sail the course and finish a race if the course is 6 miles or less will be 2 ½ hours. The time limit for the first boat in a division to sail the course and finish a race if the course is more than 6 miles will be 3 ½ hours.
- 14.2 A “finishing window” will open when the first boat that sails the course within the time limit in each class finishes. For one-design classes the finish window is 20 minutes. For PHRF classes the finish window is 30 minutes. Boats not finishing within the window will be scored Time Limit Expired (TLE). This changes RRS

15 Protests and Requests for Redress and Arbitration

- 15.1 Protest forms will be available at the RYC front desk.
- 15.3 At any time after an incident, up to and including immediately after finishing, a protesting boat shall notify the race committee over VHF channel 74 of its intent to lodge a protest and the identity of the boat(s) being protested until acknowledged by the race committee. This changes RRS 61.1(a).
- 15.3 Following the completion of racing for the day, the race committee will endeavor to broadcast over channel 74 a summary of all protests for that race.
- 15.4 Protests shall be delivered to the RYC front desk within 60 minutes after the race committee finish boat docks.
- 15.5 The protest time limits along with a list of protests and request for redress filed at the front desk will be posted promptly on the official notice board.

16 Scoring

- 16.1 The Low-Point Scoring System of App. A4 will apply. One completed race constitutes a series.
- 16.2 Boats scored Time Limit Expired (TLE) will be scored two points more than the number of finishers except that she shall not be scored worse than DNF.
- 16.3 PHRF time allowances will be computed using time on distance.

- 16.4 If fewer than five races are completed, a boat's series score will be the total of her race scores. If five or more races are completed a boat's series score will be the total of her race scores excluding her worst score subject to rule 90.3(b).
- 16.5 Scoring for PHRF YRA Season Trophies will be doubled weighted for this event.

17 Prizes

- 17.1 Prizes will be awarded for First, Second and Third place for each class.
- 17.2 YRA Championship prizes will be awarded to the Best Performance of a yacht on each circle as determined by the OA.
- 17.3 The Henry H. Anderson Trophy Single-Handed Championship of Long Island Sound will be awarded to the highest finishing male skipper in the Laser class.
- 17.4 The Commodore Hipkins Trophy Men's Sailing Championship of Long Island Sound will be awarded to the best performing male skipper over the age of 18 from the multi-handed one-design classes racing on the AYC and IHYC circles as determined by the OA.
- 17.5 This regatta is a qualifying event for the YRA Youth Challenge Cup, the Sally Finkbeiner Trophy, the Gitano, Sappho, Competitors, Kings Point and Allegra Knapp Mertz awards.
- 17.6 Prizes for the RYC and IHYC venues will be awarded after racing on Sunday August 7, 2016, at the Riverside Yacht Club.

18 Radio Communications

Except in an emergency, a boat shall neither make nor receive radio communications not available to all boats. This restriction also applies to all mobile telephones and tablets.

19 Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Attachment 1

Navigator Course

A COURSES AND MARKS

- A1 Prior to the Warning Signal the course will be displayed vertically on the course board on the Signal Committee boat.
- A2 Marks will be passed in the order signaled. When the course to the next mark is other than a reciprocal course, the mark shall be left so that the rhumb line course to the next mark will not cross the rhumb line course from the previous mark; when the course to the next mark is a reciprocal course, the mark shall be left to port. Inflated buoys may be used in addition to government marks.
- A3 One course will be signaled if the class(es) are to sail the same course. If different courses are to be sailed, Roman numeral placards will identify the course for each Class. A Class whose placard is not displayed shall sail the same course as the previous Class displayed.
- A4 The following may be used as marks.

A	G “1” Fl. G 2.5s Gong - Captain Harbor	N	G “21” Fl. G 4s Gong - Matinecock Point
B	RN “2” - Flat Neck Point	O	C “19” - Oak Neck Point
C	RN “34” – Greenwich Point	P	G “17” Bell - Rocky Point
D	R “32A” Fl. R 2.5s - Mid Sound	Q	G “1” Gong - Lloyd Neck NW Bluff
E	RN “2” - Great Captain Island, west reef	R	G “15” Fl. G 4s Gong - Lloyd Point
F	R “36” Bell - Bluefish Shoal	S	RN “4” - Lloyd Neck
G	R “38” Fl. R 4s Bell Transport Rock	T	C “13” - Eatons Neck Point
I	R “40” Fl. R 6s - Porgy Shoal	U	C “E” - Eatons Neck Point
J	RN “40A” - Scotch Caps	V	G “11B” Fl. G 4s Gong - Eatons Neck Point
K	R “42” Fl. 2.5 s Bell – Mamaroneck	W	R “32” Fl. R 6s Bell - The Cows
L	C “1” Execution Rocks	X	R “30” Fl. R - Smith Reef
M	G “23” Fl. G 4 s. Bell – Prospect Point		
Y - Inflated tetrahedron reaching mark on line with the start line, approximately 3/4 mile to port of the R/C Signal Boat.			
Z - Windward mark of the windward/leeward course, approximate range and bearing provided in aft two columns of the course board.			

- A5 The Finish
The finish line will be between a race committee boat and the last mark posted on the course board.

Information regarding all government marks is believed to be reliable. All captains are reminded that the Coast Guard is continually changing mark designations, locations and characteristics. If any of these mark descriptions have changed by the date of this race, whatever mark is on station at the stated location shall be considered the mark designated in these instructions. If a designated mark is missing, an inflatable mark may be substituted. Unless instructed otherwise, government marks not signaled as part of the course may be disregarded for the purposes of a race, but should not be disregarded for purposes of safe piloting.



YACHT RACING ASSOCIATION OF LONG ISLAND SOUND

2016 Mid-Sound One-Design Series

Sailing Instructions

1 RULES

- 1.1 Mid-Sound One-Design series racing will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 in an incident or rule 31 while *racing*. However, when she may have broken one or more rules of Part 2 in an incident while in the *zone* around a *mark* other than a starting *mark*, her penalty shall be a Two-Turns Penalty. This changes the first two sentences of rule 44.1.

2 NOTICES TO COMPETITORS AND CHANGES IN SAILING INSTRUCTIONS

Notices to Competitors and changes in the Sailing Instructions for Special Events will be posted on the host club website by 1400 on the day before they take effect.

3 SIGNALS MADE ASHORE

- 3.1 Signals made ashore will be displayed at the main flagpole of the club responsible for conducting that day's races and announced on VHF channels 71 and 72. Competitors not in sight of the flagpole may call the race committee on the same channels. AYC and LYC may repeat the signal if not responsible that day.
- 3.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 1 hour" in the race signal AP.
- 3.3 Races may be postponed ashore no later than one (1) hour before the scheduled first warning signal.

4 SCHEDULE OF RACES

4.1

Date	Event or Race Committee
28-May	* Memorial Day Regatta (LYC)
29-May	* Memorial Day Regatta (LYC)
4-June	S Boats
11-June	Viper 640
18-June	American YC
25-June	**YRA PHRF Distance Race - LYC
2 & 3 July	* Ind Day Regatta (AYC)
9-July	~ no racing ~
16 & 17 July	* Larchmont Race Week
23 & 24 July	* Larchmont Race Week
30-July	~ no racing ~

Date	Event or Race Committee
6-Aug	* YRALIS Championship Regatta (AYC)
7-Aug	* YRALIS Championship Regatta (AYC)
13-Aug	Larchmont YC
20-Aug	~ no racing ~
27-Aug	~ no racing ~
3-Sept	**YRA PHRF Distance Race - LYC
10-Sept	International One Design
17-Sept	Etchells
24-Sept	Shields
1-Oct	Larchmont YC
10-Oct	Larchmont YC

- 4.2 The race committee intends to run 2 or more races each day. The number of races conducted each day is at the sole discretion of the race committee.
- 4.3 The first warning signal will be at 1425 each day. Classes may not be started in numerical order.
- 4.4 The first warning signal for the *Memorial Day, *AYC Independence Day, *LYC Race Week and *YRA Champs will be as stated in their Notice of Race and/or Amendment to these Sailing Instructions.
- 4.5 Course Descriptions for the **YRA PHRF Distance Race will be announced from the signal boat prior to the 1st warning.

5 DIVISION FLAGS

Division flags will be numeral pennants. Class insignias may be substituted.



1) Viper 640



2) J/70



3) Etchells



4) IOD



5) Shields



6) S-Class



7) Other

6 RACING AREA

The racing area will be in the waters midway between Larchmont and American Yacht Clubs, unless this interferes with other events.

7 THE COURSE

7.1 No later than the warning signal, the race committee signal boat will display the course, the approximate compass and distance to the first mark and the number of legs to be sailed on the course board.

SAMPLE COURSE BOARD (showing a course of 210 degrees, 1.0 nm to the windward mark and course 4 for Div 1-4 and course 2 for Div 5-6 the race: (aft)

Bearing	Range	Division	Course
210	1.	1-4	4
	0	5-6	2

If the course is the same for the succeeding class or classes, their course will be left blank.

7.2 Course will be designated as follows with all marks rounded to port:

2 - windward, finish to leeward

3 - windward, leeward, finish to windward

4 - windward, leeward, windward, finish to leeward

5 - windward, leeward, windward, leeward, finish to windward

6 -triangle, windward, finish to leeward

8 MARKS

8.1 Original marks will be either all orange or yellow inflatables.

8.2 New marks, as provided in Instruction 10, Changing the Next Leg of the Course, will be the alternative color (or, if necessary, a buoy with a black band).

9 THE START

9.1 The starting line will be between a staff displaying an orange or yellow flag on the signal boat at the starboard end and an orange or yellow flag or the course side of an inflatable buoy at the port end.

9.2 Boats whose preparatory signal has not been made shall stand clear of the starting area and all boats whose preparatory signal has been made.

9.3 A boat that starts later than 10 minutes after her starting signal will be scored DNS without a hearing. This changes rules A4 and A5.

9.4 Any re-commencement of the starting system will be preceded by repetitive sounds and an announcement on Ch 78A approx. 1 minute prior to the warning signal.

9.5 If there is only one boat in a class, that boat will be recorded for its participation, but not given an individual start. However, the race committee may allow that boat to start with another class, if approved by that class and the race committee. If so, both class flags will be displayed at their warning signal. If two or more classes have fewer than three boats participating on a day, the race committee may, with the approval of the classes, combine their starts – but not for the first race of the day. If so, both class flags will be displayed at their warning signal. Classes will be scored separately.

9.6 The race committee will attempt to hail OCS boats by their sail number on VHF channel 78a. The timing and order of such hails or the failure of a competitor to hear the hail will not be grounds for redress. This changes RRS 62.1(a).

10 CHANGING THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finish line) and remove the original mark as soon as practical. When in a subsequent change of course a new mark is replaced, it will be replaced with an original mark.

11 THE FINISH

11.1 The finish line will be between a staff displaying a yellow flag on a race committee boat and the finish mark. For a leeward finish, the finish line will be between staff with a yellow flag at the port end and a yellow flag

on a committee boat at the starboard end. For a windward finish the finish line will be between the windward mark and the committee boat at the starboard.

11.2 The race committee may assign a finish position to any unfinished boats, provided that the appropriate finish place for those boats can be determined in a reasonable manner.

11.3 Flag A displayed with no sound while boats are finishing means "No more racing today".

12 TIME LIMIT

Unless otherwise posted or modified by the race committee, the time limit for the first boat in a class to sail the course and finish will be 2 1/2 hours. Boats not finishing within 30 minutes after the first boat in that class will be scored Time Limit Expired (TLE). This modifies rule 35.

13 PROTESTS

13.1 It is recommended that protests and requests for redress be written on the RRS Protest Form.

13.2 For all race days other than Special Events, written protests and requests for redress shall be faxed to the YRA at (516) 767-9204 or e-mailed to office@yralis.org no later than the 1st business day following the race. These hearings will be heard on the following Thursday at 2000 at a location to be announced unless all parties agree otherwise.

14 SCORING

14.1 The low point scoring system of Appendix A will apply with multiple races scheduled. A boat's series score will be the total of her race scores without exclusion.

14.2 A boat scored Time Limit Expired (TLE) will be given two points more than the number of finishers except that she shall not be scored worse than DNF.

14.3 For Season scoring, Fleets may use the Cox-Sprague scoring system as shown in the One Design Championship Rules section of the YRA Year Book; however, each fleet may choose any scoring system.

14.4 All scores shall be submitted to the YRA Office following the completion of racing. Scores can be emailed to office@yralis.org.

15 NAVIGATION RULES

All boats are cautioned to observe the Navigation Rules of the Road and to yield right of way to vessels restricted in their ability to maneuver. Racing sailboats are requested to avoid tugs and barges. Competing boats shall not communicate by VHF radio with commercial craft, except in an emergency. Failure to comply with this instruction may result in a rule 2 hearing against the offending boat.

16 RADIO COMMUNICATIONS

16.1 The race committee will monitor and communicate its intentions via VHF 78a.

16.2 Except in an emergency, a boat shall neither make nor receive radio transmissions not available to all boats. This restriction also applies to mobile phones.

18 SAFETY REGULATIONS AND CHECK IN/CHECKOUT

18.1 Prior to the warning signal of her first race each day, a boat shall sail past the stern of the race committee boat, hail her sail number and be acknowledged by the race committee.

18.2 A boat that retires from a race or does not intend to compete in a race after checking in shall notify the race committee as soon as possible.

19 PRIZES

YRA of LIS prizes will be awarded to each owner qualifying and placing first (1 or more qualifiers), second (5 or more), third (8 or more), fourth (15 or more) and fifth (20 or more) in season scores. In order to rank as qualifying, the owner must start at least 50% of the races, but not less than 10, designated by each fleet from the Schedule. This series qualifies a boat to compete for the Cow Bay Perpetual Trophy provided that the boat is in an ISAF-recognized class. This series qualifies a boat to compete for the Russell J. Nall Memorial Trophy provided that the boat is scored according to the Cox-Sprague Scoring System as adopted by the YRA of LIS. Prizes will be awarded as above for a series comprising the Memorial Day, Independence Day, and the YRA One-Design Championship regattas. This series will be scored according to the Cox-Sprague Scoring System. To qualify, an owner must start at least 50% of the races and be an active member of the YRA of LIS.

DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority or it's member clubs or fleets will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Further Information Please Contact:

YRA of LIS One Design Committee Chairman - Rich Rubel – rubel.richard@gmail.com

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International One Design

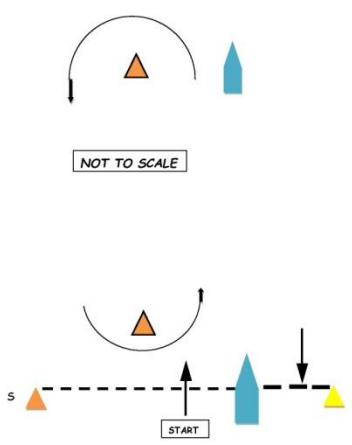
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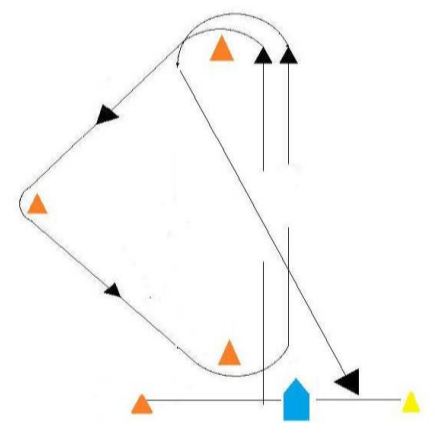
COURSE DIAGRAMS (Schematic – not to scale)

WINDWARD-LEEWARD COURSE DIAGRAM



COURSE 2: START-windward (port)-FINISH(downwind)
 COURSE 3: START-windward-leeward-FINISH(upwind)
 COURSE 4: START-windward-leeward-windward-FINISH (downwind)
 COURSE 5: START-windward-leeward-windward-leeward-FINISH (upwind)

Triangle - Windward - Leeward



START -triangle-windward-FINISH(downwind)



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PHRF & One-Design Championship Regatta
August 6 & 7, 2016



**Organizing Authority (OA): Yacht Racing Association of Long Island Sound
in conjunction with American Yacht Club**

**Amendment #1 to the
2016 Yacht Racing Association of Long Island Sound Mid-Sound
Sailing Instructions**

2 NOTICE TO COMPETITORS and CHANGES TO THE SAILING INSTRUCTIONS

Notices to competitors will be posted on the official notice board located on the front porch no later than 1000 on the day they take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4 SCHEDULE OF RACES

4.1 Replace all with:

Saturday, August 6	1255	First Warning Signal
Sunday, August 7	1100	First Warning Signal
	1500	No Warning Signal after this time

Post race party and awards following the completion of racing on the lawn

4.3 Is deleted

6 RACING AREA

Replace all with:

Races will be conducted from a starting area located approximately mid-Sound, south of Milton Point, Rye, New York. The approximate positions of the starting area will be announced approximately 1 hour before the 1st warning signal each day on VHF channel 78a.

11 **THE FINISH** – is replaced with:

11.1 The finishing line for all courses will be between a staff displaying a blue flag on an official boat and the course side of the Finish Mark.

11.2 The race committee may assign a finish time to a boat if doing so will enable another race to be started as quickly as possible, this changes Rule A5.

13 **PROTESTS** – is replaced with:

13.1 Rule 61.1(a) is changed to require that the red flag must be flown from the permanent backstay, or, in the absence of a permanent backstay, on the stern rail.

13.2 Rule 61.1(a) is changed to include the following notice and procedures: At any time after the incident, up to and including immediately after finishing, a protesting boat shall notify the race committee over the race course VHF channel of its intent to lodge a protest and the identity of the boat it intends to protest. The race committee will identify all protests for that

race received by the Committee by broadcast over the racecourse VHF channel. Broadcasts will commence approximately 5 minutes after the first boat has finished and will be repeated at approximately 15-minute intervals until the last boat has finished. These broadcasts are made only as a courtesy to competitors. Failure of the race committee to make such broadcasts or a competitor to hear such broadcast shall not be grounds for redress. This changes RRS 62.1(a).

- 13.3 At the first reasonable opportunity during, or immediately after, the race, a boat that accepted a One-Turn Penalty or Two-Turns Penalty shall report that fact to the race committee on the racecourse VHF channel and identify the other boat(s) involved in the incident. This changes Rule 44.2.
- 13.4 Competitors are requested to use the standard US Sailing protest form for filing protests and requests for redress. Protest forms are available at the Front Desk in the lobby of American Yacht Club.
- 13.5 Written protests shall be delivered to the Jury Desk located in the lobby of American Yacht Club within one hour after the race committee signal boat for that class docks. The time limit will be posted on the official race committee notice board. A list of protests, and the order in which they will be heard, will be posted on the official race committee notice board no later than 30 minutes after the protest time limit expires.
- 13.6 Protest hearings will be held at American Yacht Club as soon as possible after each day of racing. A protest against a boat whose representative is not present in the vicinity of the Jury Desk may be heard without representation from the protested boat as provided in Rule 63.3(b).
- 13.7 It is the responsibility of the parties to ensure that their witnesses are available when called to testify. If witnesses are not in the vicinity of the Jury Desk when called, they may not be heard.
- 13.8 The arbitrator will not be a member of the Jury that hears the protest, but may be permitted to observe the testimony given to the Jury and offer testimony. This changes Rule 63.3(a).

14 SCORING

14.1 replace with:

The race committee intends to run multiple races. One completed race constitutes a series. If fewer than five races are completed a boat's series score will be the total of her race scores. If five or more races are completed a boat's series score will be the total of her race scores excluding her worstscore subject to rule 90.3 (b).

19 PRIZES – replace all with:

- 19.1 Prizes will be awarded for First and Second place for classes with seven or less entries. Prizes for First through Third will be awarded to classes with entries with eight or more.
- 19.2 YRA Championship prizes will be awarded to the Best Performance of a yacht on each circle as determined by the OA.
- 19.4 The Commodore Hipkins Trophy Men's Sailing Championship of Long Island Sound will be awarded to the best performing male skipper over the age of 18 from the multi-handed one-design classes racing on the AYC and IHYC circles as determined by the OA.

FURTHER INFORMATION

Please contact the YRALIS office at: 516-767-9240 or office@yralis.org or

Don Dowd & Sandy Weil – Race Committee Co-Chairmen



12TH ANNUAL YRALIS CHAMPIONSHIP REGATTA
For
PHRF, PHRF NAVIGATOR AND ONE DESIGN CLASSES

Organizing Authority (OA) YRA of LIS
Saturday, August 6 & Sunday, August 7, 2016



SAILING INSTRUCTIONS

**Small One-Design Championship
Indian Harbor Yacht Club**

**Organizing Authority: Yacht Racing Association of Long Island Sound (YRALIS)
Hosted by Indian Harbor Yacht Club (IHYC)**

1. Rules

- 1.1 The regatta will be governed by the rules, as defined by the Racing Rules of Sailing (“RRS”).
- 1.2 Where class rules specify different requirements for various levels of events, this regatta shall be considered a district / regional-level regatta, or equivalent. One-design classes will be responsible for administering their respective rules.
- 1.3 Sections A, B and D of Appendix T will apply as changed below:
 - (i) Appendix T1 of Section A is deleted and replaced with:
The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 in an incident or rule 31 while *racing*. However, when she may have broken one or more rules of Part 2 in an incident while in the *zone* around a *mark* other than a starting *mark*, her penalty shall be a Two-Turns Penalty.'
 - (ii) Rule T2.2 of Section B is changed thus:
 - (a) 20% if taken before the protest time limit or before the beginning of arbitration, whichever is earlier, or
 - (b) 30% if taken before the beginning of a protest hearing involving the incident
- 1.4 In the event of a conflict between this Notice of Race and the Sailing Instructions, the Sailing Instructions shall govern.

2. **Advertising**

For the purposes of RRS 80, advertising is allowed in accordance with WS Regulation 20, as permitted by class rules.

3. **Notices to Competitors**

Notices to competitors will be posted on the official notice board located inside the club’s main lobby At Indian Harbor Yacht Club (IHYC).

4. **Changes to Sailing Instructions**

Any changes to these SI will be posted before 0900 on the day they take effect, except that any change in the schedule of races will be posted by 2000 on the day before it takes effect.

5. **Signals Made Ashore**

5.1 Signals made ashore will be displayed from a race committee signal boat at the respective club’s dock.

5.2 When code flag “AP” is displayed ashore, “1 minute” is replaced with “not less than 60 minutes” in race signal AP

6. **Schedule of Races**

6.1 The warning signal for the first race on Saturday is scheduled for 1230 and 1100 on Sunday. Subsequent races will be held as soon as practicable after the end of the previous race.

6.2 The race committee intends to run multiple races. The number of races conducted each day is at the sole discretion of the race committee.

6.3 Flag A, displayed with no sound while boats are finishing, means “No more racing today”.

6.4 No warning signal for a race will be made after 1445 on Sunday.

7. **Racing Areas**

The racing area for the Laser, Laser Radial and Ideal 18 classes at IHYC will be in Captain Harbor.

8. **Courses**

8.1 See diagram below:

Courses

9.1.1 The diagram to the right shows the course configuration

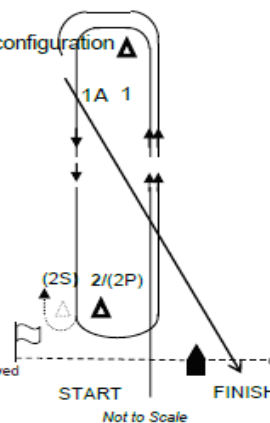
The courses will be designated as: Wn

Windward/Leeward with the number n denoting the number of course legs (e.g. 2, 4, etc.).

Note: Mark / Gate 2 may be disregarded immediately after starting and immediately before finishing.

Mag. Brg.	Dist. 1 st Mark	Class	Legs
1	1.5	I	6
3		II	4
5		IV	2

Same for all classes displayed Read from top to bottom



8.2 The RC may use a gate for the leeward mark and may use an offset at the windward mark.

- 8.3 The following information may be displayed on a board on the race committee signal boat:
- the approximate compass bearing from the starting line to the windward mark;
 - the approximate distance from the starting line to the windward mark;
 - the course designation for each class.

9. **Marks**

- 9.1 All rounding marks will be inflatable yellow tetrahedrons. Offset marks will be red inflatables.
- 9.2 New marks as provided for in section 12 will be inflatable orange tetrahedrons. If a change of course is signaled there will be no offset (mark 1A), If gate 2 is moved, it will be replaced by a single mark (2P) that is to be rounded to port. This changes RRS 33:
- 9.3 Starting and finishing marks will be different colors or different shapes than rounding marks.

10. **The Start**

- 10.1 Races run by IHYC will be started using the Sound-Signal Starting System (RRS Appendix S). The class flag(s) of the class(es) being started may be displayed from the warning signal until the start.
- 10.2 The starting line will be between the staff from which a yellow flag is displayed on the race committee signal boat at the starboard end and the course side of the port end starting mark.
- 10.3 The race committee may invoke starting penalties per RRS:30 and display code flag “I”, “Z”, “I with Z” or Black Flag at the time of the Warning signal but no later than the two minute Preparatory signal.
- 10.4 The race committee may employ a “keep off” mark from the signal boat. The “keep off” mark shall be considered part of the signal boat.
- 10.5 Boats starting later than four minutes after their starting signal will be scored “Did Not Start” without a hearing. This changes RRS A4.
- 10.6 Class flags and time limits are as follows:

<u>Racing Area</u>	<u>Class</u>	<u>Class Flag</u>	<u>Race Time Limit</u>	<u>Finishing Window</u>
Indian Harbor YC	Ideal 18	Numeral 3	45 minutes	15 minutes
Indian Harbor YC	Laser	Numeral 4	45 minutes	15 minutes
Indian Harbor YC	Laser Radial	Numeral 5	45 Minutes	15 minutes

- 10.7 Classes may not necessarily start in numerical order and may be combined into a single starting sequence by displaying multiple class flags from the same staff or halyard. For subsequent races, classes will be started as soon as practicable, and not necessarily in the order used for the first race.

11. **Recalls**

- 11.1 The race committee will endeavor to identify recalled boats by hailing their sail numbers by loud hailer.
- 11.2 Recall numbers for Lasers and Radials will be the last four digits of their sail numbers. When a penalty of RRS 30 is in effect, the race committee may hail recall numbers in the minute before the start.
- 11.3 Failure to hail, the order in which recall numbers are hailed, and the failure of a competitor to hear a hail will not be grounds for a request for redress. This changes RRS 62.1(a).

12. **Change of the Position of the Next Mark**

To change the position of the next mark, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When, in a subsequent change of course, a new mark is replaced, it will be replaced with an original mark.

13. **The Finish**

The finish line will be between a staff from which an orange flag is displayed on a race committee boat at the port end and the course side of the starboard end finish mark.

14. **Time Limits**

- 14.1 Time limits are listed in the table in SI 10.6 above.
- 14.2 A “finishing window” will open when the first boat that sails the course within the time limit in each class finishes. Boats in that class still racing when the finishing window closes will be scored TLE (whether or not the time limit for that class has been exceeded), and will receive two more points than the last boat to finish within the window. This changes RRS 35.

15. **Protests and Requests for Redress**

- 15.1 At the first opportunity during or immediately after a race, a protesting boat shall notify the race committee of her intent to lodge a protest and identify the other boat(s) involved.
- 15.2 Protest forms will be available at the Indian Harbor Yacht Club (IHYC) front desk.
- 15.3 Protests shall be delivered within 1 hour of the race committee boat docking. The protest time limits will be posted on the official notice board at IHYC.
- 15.4 A list of protests will be posted on the official notice board at IHYC within 30 minutes of the end of protest time. This constitutes the notification required by RRS 61.1(b) and 63.2. This changes rule 61.3.
- 15.5 All hearings for the IHYC circles will be held at IHYC on the day of the race, as promptly as possible. The schedule will be posted on the official notice board at IHYC.

16. **Protest Arbitration (This modifies RRS Part 5)**

- 16.1 For protests involving an alleged breach of a rule of Part 2 of the RRS, arbitration hearings will be held at IHYC. The schedule will be posted on the official notice board at IHYC.
- 16.2 One representative from each boat shall meet with an arbitrator; no other witnesses may testify or present evidence in the hearing. Unresolved arbitration will be referred to the Protest Committee.
- 16.3 A boat that accepts fault at the arbitration hearing shall receive a penalty of 40% of the number of boats entered (rounding 0.5 upward), except that she shall not be scored worse than DNF.
- 16.4 Actions, opinions or decisions resulting from or during arbitration are not subject to appeal and shall not be grounds for redress.
- 16.5 The arbitrator will not be a member of the jury that hears the protest, but may be permitted to observe the testimony given to the jury and offer testimony. This changes RRS 63.3(a).

17. **Scoring**

- 17.1 A boat's series score will exclude her worst race score, subject to RRS 90.3(b) if five or more races are completed, unless otherwise specified by her one-design class rules. This changes RRS A2.
- 17.2 One race will constitute a series.

18. **Prizes**

- 18.1 Series prizes will be awarded for first and second places for classes where seven or fewer boats are entered and first through third places for classes where eight or more boats are entered.
- 18.2 Championship prizes will be awarded for the best Small One-Design competitor, as determined by the organizing authority.
- 18.3 The YRALIS Henry H. Anderson Trophy will be awarded to the top finishing YRA member competing in the Full-rig Laser class.
- 18.4 The YRALIS Commodore Hipkins Trophy will be awarded to the male YRA member skipper over the age of 18 who achieves the best performance in the multi-handed one design classes at RYC, AYC and IHYC as determined by the organizing authority.
- 18.5 The Sally Finkbeiner Trophy will be awarded to the winner of the Ideal 18 class.
- 18.6 Prizes for the RYC and IHYC venues will be awarded after racing on Sunday, August 7, 2016, at the Riverside Yacht Club.

19. **Conduct and Responsibility**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.